



CVSA BRAKE SAFETY WEEK

CVSA Brake Safety Week

Commercial Vehicle Safety Alliance (CVSA) has announced its annual Brake Safety Week will be conducted August 24-30.

During the brakes-focused initiative, inspectors will focus on drums and rotors, the emphasis for this year's brake-safety initiative. Brake drum and rotor issues may affect a vehicle's brake efficiency. Broken pieces of drums and rotors may become dislodged from the vehicle enroute and damage other vehicles or result in injuries or fatalities to the motoring public.

Key inspection areas include:

- **Brake pads and shoes** – checked for adequate thickness and even wear
- **Air brake systems** – including compressors, reservoirs, lines, and valves
- **Hydraulic brake lines and fluid** – monitored for proper levels and leaks
- **Brake drums and rotors** – inspected for cracks, warping, and structural damage
- **Slack adjusters** – verified for correct positioning and responsiveness
- **Brake warning systems** – including dashboard lights, gauges, and audible alarms

August 2025 Newsletter

Samsara Documents

It has been brought up that taking pictures with the tablet is a bit difficult.

You are not limited to only use your tablet. If you are

comfortable using your phone, you can

download the "Samsara driver" app. Using your

phone will also allow

you to crop or change the settings of the

photo. Your login credentials are the

same as your tablet. It is important to

make sure you are taking legible photos

as the customers need to be able to

read what we submit. If you can't read it

on your screen, then we dang sure can't read it!



Spot Light Driver- Jessie Brannon

Jessie has been a regional driver for

General Transport since April 2025.

Over the course of

his employment so

far, he has been a

reliable and safe

driver. When he is

not behind the

wheel, he enjoys spending time with his

wife. Jessie has over 20 years'

experience, and we are proud to have

him as part of the GT Family!



Don't let a Simple Violation Cost You

If you pull up our CSA score under hours of service, you will see the main violation we have is from form and manner. It is so important to make sure you take the few minutes daily to enter in your truck, trailer, and load details. You must certify your logs daily as well. Helpful hint- log out daily. When you log back in, it will prompt you through all of the above to ensure compliance. CSA points will cost you your inspection and safety bonus.

Violation
False RODS
ELD - No record of duty status (ELD Required)
Form and manner issues, such as: log does not include miles traveled / log does not include locations
ELD cannot transfer ELD records electronically
Driver failed to maintain supply of blank drivers records of duty status graph-grids
Driver's record of duty status not current
Driver failed to manually add shipping document number
Driver failing to maintain ELD instruction sheet
Portable ELD not mounted in a fixed position and visible to driver
Driver failed to certify the accuracy of the information gathered by the ELD

FMCSA reported the above violations for Hours of Service. Notice that 6 of those are simple form and manner mistakes? They are easy violations to avoid, so make sure you dot your I's and cross your T's!

Do it- Even Scared

I follow the widow of Chris Kyle (American Sniper) Taya Kyle on social media and she posted this. I was tempted to paraphrase it but why bother when she said it herself so well. For whatever reason- I was given this platform to reach at least 100 people and I think it is so important to remind us to do the things that scare us. We are so ingrained in doing the status quo or the day to day to get by, we overlook our need for change or excitement.

When was the last time you felt true happiness? Belly laughed with a friend? Looked forward to something so much you couldn't sleep? Been on a good date you didn't want to end? That is what our lives need more of. Even though it can be scary to venture out... adventuring into a happier you is worth it!

Chat GPT says doing things you don't want to do isn't just about grit — it physically and chemically upgrades your brain. It increases resilience, sharpens focus, and promotes long-term well-being and success. Each time you do something hard, your brain logs it as proof that you're capable. It can stimulate new neural connections.

Facing discomfort and pushing through it enhances your tolerance to stress and frustration, which is key for mental health. It trains the brain to handle challenges rather than avoid them, making you more adaptable and emotionally stable.

What things are not going your way today? What can you do to engage and carve out a path to enjoy your life, anyway? It won't just benefit your mood, outlook, and the lives of those around you; it will bless your brain. Get after it. Do the things you don't like doing because they aren't ideal. Then, take your hand, kiss it, and place that same hand on your head and your heart. Say, "You're welcome," as you do so. Grit isn't just a gift for today; it's a gift for your future, too.